Pragmatic implementation strategies and measurement

in real-world, trauma-informed transformation

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INTRODUCTION:

- Organizations are under increasing pressure to produce measurable outcomes in implementation initiatives^{1, 2}
- Implementation science has produced multiple frameworks, strategies, and measures to guide initiatives³
- Relatively little guidance exists for providers on selecting pragmatic options^{4,5}
- Trauma-informed care (TIC) initiatives have additional context demands given staff needs (e.g., high job stress) and organizational factors (e.g., culture, policy)⁶

METHODS:

Participants



1 large children's mental health organization





1 trauma-informed care initiative

Measures

Trauma-Informed Organizational Assessment (TIOA)⁷ Attitudes Related to Trauma-Informed Care (ARTIC)⁸

EPIS⁹ Inputs for Pragmatic Implementation

Inputs

- Organization strategic plan for TIC
- Needs
- Highly traumatized population
- Staff burnout & secondary traumatic stress
- Barriers
- Underutilized trauma assessment

Exploration

Funding

Preparation

<u>Inputs</u>

- Baseline TIC assessments (organization & individual)
- Identify and plan for training needs
- Universal trauma screening
- Universal trauma-informed case conceptualization
- Trauma- & grief-focused EBPs
- Measurement-based care (MBC) dashboard

system

<u>Inputs</u>

• Metrics & strategies

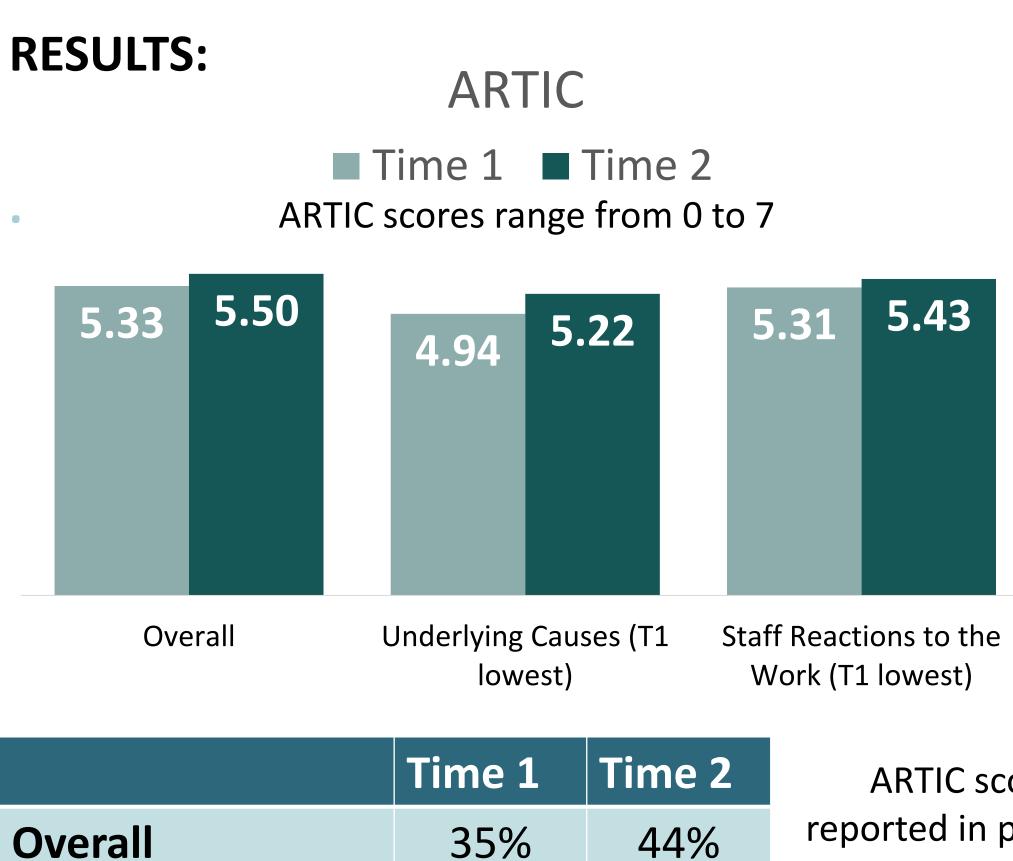
- Organizational assessment data
- Identify strategy iterations (e.g., subcommittee development, onboard TI supervision)
- Trauma- & grief-focused EBPs
- Client progress monitoring on outcome measures (ongoing)
- MBC dashboard
- Assess outcome measure compliancy & progress
- Clinical teams set quarterly action plans

Implementation

Sustainment

<u>Inputs</u>

- Metrics & strategies
- Track & incentivize EBP credentialing and maintenance
- Training
- Integrate train-the-trainer components of EBPs
- Integrate TIC case conceptualization & MBC into new hire orientation



Underlying Causes 32% 46%

ARTIC scores are also reported in percentile ranges based on how scores

organizations

Assessment, Care Planning,

4.36

Addressing Secondary

3.99

4.08

DISCUSSION:

- The EPIS is a pragmatic implementation framework option for TIC initiatives in community-based organizations
- Multiple inputs are required in TIC initiatives due to complex staff and client needs
- Implementation of TIC strategies demonstrated improvement in policies, practices, and attitudes toward TIC as reported the staff impacted
- Organizational assessments revealed specific improvement domains (secondary traumatic stress)

organizations
Multiple inputs are required









TIOA

Time 1 Time 2

TIOA scores range from 0 to 5

4.42





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